

MSAD # 3 Nutrition Program - Broadreach, Pre-K, Headstart, K-1 School Breakfast Menu February

As part of the district wide Universal Breakfast Program, all students BR-12 receive a daily breakfast FREE of CHARGE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
1 Cereal Cinnamon Graham Sticks Apple Slices Milk	2 Breakfast Wrap with Salsa Juice Milk	3 Bagel with Peanut Butter or Cream Cheese Banana Milk	4 Yogurt Cup Granola Orange Wedges Milk	5 Muffin Grapes Milk
8 Pancake & Sausage Stick Juice Milk	9 Cereal Animal Crackers Fruited Jello Cup Milk	10 Breakfast Sandwich Juice Milk	11 Blueberry Waffle Applesauce Milk	12 Cereal Teddy Grahams Pineapple Sticks Milk
15 Holiday No School	16 Vacation No School	17 Vacation No School	18 Vacation No School	19 Vacation No School
22 Kix Breakfast Break	23 Yogurt Cup with Blueberries Graham Crackers Milk	24 Bagel with Peanut Butter or Cream Cheese Apple Slices Milk	25 Breakfast Wrap Juice Milk	26 Reduced Sugar Trix Breakfast Break

*Students in grades 2-5 will be offered a daily choice of bagels, muffins, hot breakfast entrée, yogurt, cereal, granola, fruit, juice, and milk.